

JORDAN SCHOOL DISTRICT
AND THE
UTAH DEPARTMENT OF HEALTH PROGRAM
PRESENT:

END NICOTINE DEPENDANCE



**For all students grades 6- 12 and their parents
WEDNESDAYS 6:00 - 7:30 pm for 4 weeks**

Classes are held throughout the traditional school year.

E.N.D. is a tobacco cessation program designed especially for youth.

The program builds skills and knowledge concerning tobacco use and focuses on developing a wide variety of social skills, including: communication, stress management, decision making, goal setting, nutrition, and physical activity.

**Call the Jordan Family Education Center to register at
801-565-7442**